

# FIFA World Cup 2026 USA: A Guide to Host Cities, Stadiums, Things to Do & Travel Tips



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The FIFA World Cup 2026 is more than the world's biggest football tournament. It is one of the largest travel events ever hosted in North America. Millions of fans from around the world are visiting the United States to watch matches, experience iconic stadiums, and explore some of the country's [\*most exciting destinations\*](#).

With 11 U.S. host cities stretching from the East Coast to the West Coast, the tournament offers countless opportunities to combine match days with unforgettable travel experiences. Whether you are attending games in New York,

Los Angeles, Dallas, Miami, Seattle, or another host city, you can extend your trip by exploring national parks, famous landmarks, museums, beaches, food scenes, and nearby attractions.

This comprehensive USA travel guide helps you plan every part of your World Cup journey. Inside, you will find host city information, stadium guides, transportation tips, suggested itineraries, accommodation advice, and the best things to do before and after each match. Whether you are traveling for a single game or following your team across multiple cities, this guide will help you make the most of your FIFA World Cup 2026 experience.

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## FIFA World Cup 2026 at a Glance

Everything you need to know before planning your World Cup trip.

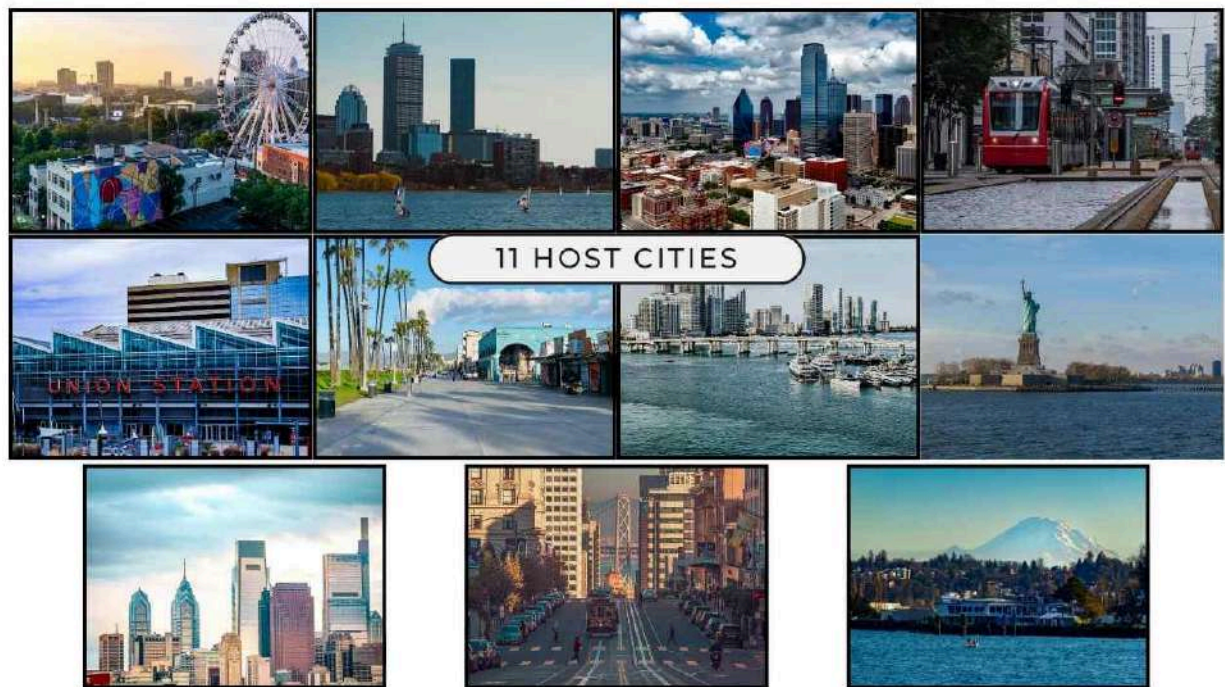
<b>Information</b>	<b>Details</b>
Tournament	<a href="#"><i><u>FIFA World Cup 2026</u></i></a>
Dates	June 12 - July 20, 2026
Host Countries	United States, Canada, Mexico
Total Teams	48 National Teams
Total Matches	104
U.S. Host Cities	11
Final Venue	MetLife Stadium, New Jersey
Opening Match (USA)	SoFi Stadium, Los Angeles

Official Tournament 39 Days  
Duration

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## U.S. Host Cities for FIFA World Cup 2026

The United States hosts matches across 11 world-class cities, giving visitors the opportunity to experience different regions, cultures, cuisines, and attractions throughout the tournament. From sunny beaches in Florida to historic neighborhoods in Massachusetts and the Pacific Northwest's natural beauty, every destination offers a unique travel experience beyond the stadium. Choose a host city below to learn more about stadium information, transportation, nearby attractions, accommodation, and local travel tips.



## **Atlanta, Georgia**

Home to Mercedes-Benz Stadium, Atlanta combines modern entertainment with rich civil rights history, award-winning restaurants, and one of the busiest airports in the world.

## **Boston, Massachusetts**

Boston blends American history with waterfront attractions, walkable neighborhoods, and world-famous universities, making it one of the most rewarding host cities to explore.

## **Dallas, Texas**

Dallas offers championship sports venues, Texas barbecue, museums, shopping districts, and a vibrant downtown atmosphere during the tournament.

## **Houston, Texas**

Houston is known for its diverse food scene, NASA attractions, multicultural neighborhoods, and excellent connectivity for international travelers.

## **Kansas City, Missouri**

Kansas City welcomes visitors with legendary barbecue, jazz heritage, family attractions, and one of the loudest football stadiums in the country.

## **Los Angeles, California**

Los Angeles combines Hollywood, beaches, theme parks, luxury shopping, and world-class entertainment with one of the tournament's biggest stadiums.

## **Miami, Florida**

Miami offers tropical beaches, Latin American culture, luxury resorts, vibrant nightlife, and waterfront attractions that make it one of the tournament's most popular destinations.

## **New York / New Jersey**

Home to the FIFA World Cup 2026 Final, this region offers iconic landmarks, museums, Broadway shows, and one of the most recognizable skylines in the world.

## **Philadelphia, Pennsylvania**

Philadelphia combines American history, famous food markets, cultural attractions, and walkable neighborhoods that are ideal for visitors.

## **San Francisco Bay Area, California**

The Bay Area offers the Golden Gate Bridge, Silicon Valley, scenic coastlines, wine country, and one of the country's most picturesque urban landscapes.

## **Seattle, Washington**

Seattle features mountain views, waterfront attractions, coffee culture, and easy access to outdoor adventures across the Pacific Northwest.

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## **FIFA World Cup 2026 Stadium Guide**

Every U.S. host stadium has been selected for its world-class facilities, excellent accessibility, and ability to deliver an unforgettable match-day experience. Beyond football, these venues are surrounded by restaurants, hotels, entertainment districts, and major attractions, making them ideal bases for exploring each destination.

The following stadiums will host FIFA World Cup 2026 matches across the United States.

### **Mercedes-Benz Stadium - Atlanta, Georgia**

- Capacity: Approximately 75,000
- Known for its retractable roof and modern design.
- Located near downtown Atlanta with easy public transportation access.

- Close to Centennial Olympic Park, the Georgia Aquarium, and the World of Coca-Cola.

### **Gillette Stadium - Foxborough (Boston Host City)**

- Capacity: Approximately 65,000
- Hosts World Cup matches for the Boston metropolitan area.
- Located between Boston and Providence.
- Surrounded by shopping, dining, and entertainment at Patriot Place.

### **AT&T Stadium - Arlington (Dallas Host City)**

- Capacity: Over 80,000
- One of the largest stadiums in the United States.
- Famous for its giant video board and premium fan experience.
- Conveniently located near Dallas and Fort Worth attractions.

### **NRG Stadium - Houston, Texas**

- Capacity: Approximately 72,000
- Features a retractable roof for comfortable match-day experiences.
- Located near the Texas Medical Center and several major hotels.
- Easily accessible by METRORail and major highways.

### **GEHA Field at Arrowhead Stadium - Kansas City, Missouri**

- Capacity: Approximately 76,000
- One of the loudest stadiums in professional sports.
- Renowned for its passionate atmosphere and excellent tailgating culture.
- Located just east of downtown Kansas City.

### **SoFi Stadium - Los Angeles, California**

- Capacity: Approximately 70,000+
- One of the newest and most technologically advanced stadiums in the world.
- Located in Inglewood near Los Angeles International Airport.
- Surrounded by shopping, entertainment, and major attractions.

## **Hard Rock Stadium - Miami Gardens, Florida**

- **Capacity:** Approximately 65,000
  - Home to the Miami Dolphins and one of the premier sports venues in the southeastern United States.
  - Conveniently located between downtown Miami and Fort Lauderdale.
  - Close to Miami Beach, Wynwood Walls, Little Havana, and Everglades National Park.
  - Well connected by major highways, ride-share services, and shuttle routes during major events.
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## **MetLife Stadium - East Rutherford, New Jersey (New York Host City)**

- **Capacity:** Approximately 82,500
  - Hosts the **FIFA World Cup 2026 Final**, making it the centerpiece of the tournament in the United States.
  - Home to the NFL's New York Giants and New York Jets.
  - Located just minutes from Manhattan with convenient rail and bus connections.
  - Nearby attractions include Times Square, Central Park, the Statue of Liberty, Broadway, and the Empire State Building.
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## **Lincoln Financial Field - Philadelphia, Pennsylvania**

- **Capacity:** Approximately 69,000
- Home of the Philadelphia Eagles and one of the East Coast's premier sporting venues.
- Located within Philadelphia's South Sports Complex alongside other major stadiums.
- Easily accessible via SEPTA public transportation.
- Nearby attractions include Independence Hall, the Liberty Bell, Reading Terminal Market, and the Philadelphia Museum of Art.

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## Levi's Stadium - Santa Clara, California (San Francisco Bay Area Host City)

- **Capacity:** Approximately 68,500
- Home to the San Francisco 49ers and one of the most technologically advanced stadiums in the NFL.
- Located in the heart of Silicon Valley.
- Connected by Caltrain, VTA Light Rail, and major highways.
- Visitors can easily explore San Francisco, Silicon Valley, Napa Valley, Monterey, and the Pacific Coast during their stay.

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## Lumen Field - Seattle, Washington

- **Capacity:** Approximately 69,000
- Home of the Seattle Seahawks and widely recognized for its energetic crowd atmosphere.
- Located in downtown Seattle within walking distance of many major attractions.
- Excellent public transportation options include Link Light Rail, buses, ferries, and commuter rail.
- Nearby attractions include Pike Place Market, the Space Needle, Chihuly Garden and Glass, Seattle Waterfront, and Mount Rainier day trips.

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## Which Stadium Should You Visit?

Each FIFA World Cup 2026 stadium offers a unique match-day atmosphere and travel experience.

- **Best for iconic landmarks:** MetLife Stadium (New York/New Jersey)
- **Best for entertainment:** SoFi Stadium (Los Angeles)
- **Best for football atmosphere:** GEHA Field at Arrowhead Stadium (Kansas City)

- **Best for technology and modern design:** Mercedes-Benz Stadium (Atlanta)
- **Best for beach vacations:** Hard Rock Stadium (Miami)
- **Best for Silicon Valley and scenic travel:** Levi's Stadium (San Francisco Bay Area)
- **Best for Pacific Northwest adventures:** Lumen Field (Seattle)
- **Best for history lovers:** Lincoln Financial Field (Philadelphia)
- **Best for Texas experiences:** AT&T Stadium (Dallas) and NRG Stadium (Houston)
- **Best for New England visitors:** Gillette Stadium (Boston)

No matter which venue you choose, each host stadium provides more than just football. They are gateways to some of the most popular cities, attractions, restaurants, and cultural experiences in the United States, making every match an opportunity to enjoy a memorable vacation.

## Match Schedule by U.S. Host City

The United States is hosting 78 of the 104 matches during the FIFA World Cup 2026, including group-stage fixtures, knockout rounds, semifinals, and the final. Every host city offers a different tournament atmosphere, making it possible to plan your trip around both football and sightseeing.

Host City	Stadium	Matches Hosted
Atlanta	Mercedes-Benz Stadium	8 Matches
Boston	Gillette Stadium	7 Matches
Dallas	AT&T Stadium	9 Matches
Houston	NRG Stadium	7 Matches
Kansas City	GEHA Field at Arrowhead Stadium	6 Matches
Los Angeles	SoFi Stadium	8 Matches

Miami	Hard Rock Stadium	7 Matches
New York / New Jersey	MetLife Stadium	8 Matches (including the Final)
Philadelphia	Lincoln Financial Field	6 Matches
San Francisco Bay Area	Levi's Stadium	6 Matches
Seattle	Lumen Field	6 Matches

**Tip:** Before booking flights or accommodation, check your match venue and nearby attractions. Many visitors choose to stay several days before or after their match to experience each host city's local culture, food, and landmarks.

## **Best Places to Stay During FIFA World Cup 2026**

Accommodation demand increases significantly during the FIFA World Cup, especially in cities hosting knockout matches. Booking early gives you the best selection and pricing. Consider staying near public transportation to make traveling to and from the stadium easier.

### **Luxury Hotels**

Luxury hotels provide premium amenities, concierge services, airport transfers, and convenient access to stadiums and downtown attractions. They are ideal for travelers seeking comfort and convenience during the tournament.

### **Mid-Range Hotels**

Mid-range hotels offer excellent value with comfortable rooms, complimentary breakfast, parking, and easy access to public transportation. They are among the most popular choices for FIFA visitors.

## **Budget Hotels**

Budget-friendly hotels and motels are available throughout every host city. Booking several weeks in advance can help secure better rates during the busy tournament period.

## **Vacation Rentals**

Vacation rentals are ideal for families and larger groups. They often include kitchens, multiple bedrooms, and additional living space, making longer stays more affordable.

## **Hostels**

Solo travelers and backpackers can reduce accommodation costs by staying in hostels, particularly in cities such as New York, Los Angeles, Seattle, Boston, and Miami.

## **Stay Near Public Transportation**

Rather than staying next to the stadium, consider accommodation near metro stations, commuter rail, or major bus routes. This often provides better hotel options while making match-day travel much easier.

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## **How to Travel Between FIFA World Cup Host Cities**

The United States is geographically large, so planning transportation between host cities is essential. Depending on your itinerary, flights are usually the fastest option, while trains and rental cars work well for shorter regional trips.

### **Domestic Flights**

Flying is the quickest way to travel between host cities such as Seattle, Los Angeles, Dallas, Houston, Miami, and New York. Most host cities have major international airports with frequent daily flights.

## **Amtrak Rail Network**

Amtrak provides convenient rail service across several regions of the United States. It is particularly useful for travelers visiting Boston, New York, Philadelphia, and Washington, D.C., allowing easy travel without renting a car.

## **Rental Cars**

Renting a car offers flexibility for travelers planning road trips or visiting nearby attractions beyond the tournament. It is especially practical in western states, where destinations are spread farther apart.

## **Public Transportation**

Most host cities operate reliable public transportation systems, including subways, light rail, commuter trains, and buses. Purchasing daily or weekly transit passes can help reduce transportation costs during your stay.

## **Domestic Flights vs. Road Trips**

If you are traveling between neighboring cities such as Dallas and Houston or New York and Philadelphia, driving may be the most convenient option. For cross-country journeys, domestic flights save significant travel time.

## **Transportation Budget Tips**

- Book flights several weeks in advance whenever possible.
  - Compare airport transfer options before arrival.
  - Purchase transit passes for unlimited daily travel.
  - Travel with carry-on luggage to reduce airline fees.
  - Consider overnight transportation when appropriate to save on accommodation.
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## **Things to Do Beyond the Matches**

Watching a FIFA World Cup match is only part of the experience. Every host city offers iconic attractions, outdoor adventures, cultural landmarks, museums, and local food that can turn your football trip into an unforgettable American vacation.

### **Explore Famous Landmarks**

Visit world-famous attractions such as Times Square, the Hollywood Sign, the Golden Gate Bridge, the Space Needle, Centennial Olympic Park, and the Liberty Bell while traveling between matches.

### **Experience America's National Parks**

Many travelers extend their trips by visiting national parks including Yosemite, Grand Canyon, Zion, Olympic, and Rocky Mountain National Park. These destinations showcase some of the country's most spectacular natural scenery.

### **Discover Local Food Culture**

Every host city has its own culinary identity. Enjoy Texas barbecue in Dallas and Houston, cheesesteaks in Philadelphia, Cuban cuisine in Miami, seafood in Seattle, deep-dish pizza near Chicago during side trips, and fresh Californian cuisine in Los Angeles and the Bay Area.

### **Visit Museums and Cultural Attractions**

From the Smithsonian museums and the National Civil Rights Museum to world-renowned art galleries and science centers, there are countless educational experiences available throughout the United States.

### **Enjoy Beaches, Mountains, and Waterfronts**

Relax on Miami Beach, hike near Seattle, explore Lake Tahoe from the Bay Area, or enjoy the Pacific coastline near Los Angeles. Many host cities provide excellent outdoor recreation alongside tournament activities.

## **Experience American Nightlife**

After the matches, visitors can enjoy rooftop bars, live music venues, entertainment districts, breweries, casinos, and waterfront restaurants throughout the host cities.

## **Plan Regional Road Trips**

Many host cities are located close enough to create memorable road trips. Popular options include:

- Boston → New York → Philadelphia
- Dallas → Houston
- Los Angeles → San Francisco Bay Area
- Seattle → Mount Rainier National Park

These routes allow visitors to experience more of the United States while following the tournament.

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## **Budget Guide for FIFA World Cup Travelers**

Planning your travel budget before arriving in the United States can help you enjoy the FIFA World Cup without unexpected expenses. Costs vary by host city, travel dates, and accommodation type, but careful planning can make your trip more affordable.

### **Accommodation Costs**

Hotel prices increase significantly during the tournament, especially in cities hosting knockout matches and the final. Booking several weeks or months in advance often provides better rates. Budget-conscious travelers can also consider vacation rentals, hostels, or hotels located near public transportation instead of the stadium.

### **Transportation Budget**

Domestic flights are the fastest way to travel between host cities, while trains and rental cars are practical for shorter regional trips. Purchasing public transportation passes can help reduce daily travel costs within major cities.

### **Food and Dining**

Dining costs vary across the United States. Travelers can save money by mixing restaurant meals with food courts, local cafés, grocery stores, and street food. Many host cities also feature affordable food trucks and casual dining options.

### **Attraction and Sightseeing Costs**

Most host cities offer both free and paid attractions. Parks, waterfronts, walking tours, museums on free-admission days, and public markets allow visitors to explore without spending heavily.

### **Souvenirs and Shopping**

Official FIFA merchandise is available at stadiums and licensed stores. Purchasing souvenirs outside stadium areas or visiting local markets may provide more affordable options for gifts and memorabilia.

### **Money-Saving Tips**

- Book hotels and flights as early as possible.
- Stay near public transportation instead of the stadium.
- Purchase city transit passes for unlimited daily travel.
- Compare prices before renting a car.
- Visit free attractions between match days.
- Travel with carry-on luggage whenever possible to avoid airline baggage fees.

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## **Safety Tips for International Visitors**

The United States welcomes millions of international visitors every year. Following a few practical safety tips will help you enjoy a smooth and worry-free FIFA World Cup experience.

### **Keep Important Documents Safe**

Carry your passport, identification, travel insurance, hotel confirmations, and match tickets securely. Save digital copies on your phone and cloud storage as a backup.

### **Know Emergency Numbers**

The national emergency number in the United States is **911** for police, fire, and medical emergencies.

### **Stay Aware in Crowded Areas**

Host stadiums, transportation hubs, and tourist attractions can become very busy during the tournament. Keep personal belongings secure and remain aware of your surroundings.

### **Use Licensed Transportation**

Choose official taxis, registered ride-sharing services, or public transportation instead of accepting rides from unofficial drivers.

### **Purchase Travel Insurance**

Travel insurance can provide valuable protection against medical emergencies, trip delays, lost baggage, and unexpected cancellations.

### **Stay Hydrated and Prepare for the Weather**

Weather conditions vary greatly across the United States. Some host cities experience hot and humid conditions, while others have cooler evenings. Drink plenty of water, wear comfortable clothing, and check local weather forecasts before attending matches.

## **Understand Local Tipping Culture**

Tipping is customary in the United States. Restaurants typically expect a tip of 15-20%, while hotel staff, taxi drivers, and other service providers may also receive gratuities.

## **Protect Your Valuables**

Avoid carrying large amounts of cash. Use hotel safes for passports and valuables when they are not needed during the day.

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# **FIFA World Cup 2026 Packing Checklist**

Packing the right essentials can make your World Cup trip more comfortable and enjoyable.

## **Essential Travel Documents**

- Valid passport
- Visa or travel authorization (if required)
- FIFA match tickets
- Hotel reservations
- Flight confirmations
- Travel insurance documents
- Emergency contact information

## **Electronics**

- Smartphone
- Phone charger
- Portable power bank
- Universal travel adapter
- Camera
- Headphones

## **Clothing**

- Comfortable walking shoes
- Lightweight clothing
- Rain jacket or poncho
- Hat or cap
- Sunglasses
- Extra socks
- Light sweater for evening matches

## **Match-Day Essentials**

- Refillable water bottle
- Sunscreen
- Stadium-approved clear bag (where required)
- Team jersey or fan gear
- Portable fan during summer matches
- Small first-aid kit

## **Personal Items**

- Prescription medications
- Hand sanitizer
- Reusable shopping bag
- Travel pillow for longer journeys
- Reusable shopping bag for souvenirs

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## **Essential Travel Apps for FIFA Visitors**

Using the right mobile apps can make traveling across the United States much easier during the tournament.

### **Google Maps**

Navigate cities, discover nearby restaurants, locate stadium entrances, and find public transportation routes.

### **Uber and Lyft**

Ride-sharing services operate in most host cities and provide convenient transportation between hotels, airports, and stadiums.

### **Google Translate**

Helpful for international visitors needing language assistance while traveling.

### **Airline Apps**

Download your airline's official app to receive gate updates, boarding passes, and flight notifications.

### **Public Transportation Apps**

Many host cities provide official transit apps that offer real-time schedules, digital tickets, and route planning.

### **Weather Apps**

Weather conditions vary between host cities. Checking local forecasts helps you prepare for outdoor matches and sightseeing.

### **Hotel Booking Apps**

Accommodation apps allow travelers to manage reservations, check availability, and find last-minute lodging options if travel plans change.

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## **Conclusion**

The FIFA World Cup 2026 offers more than unforgettable football matches. It is a chance to experience the diverse landscapes, cultures, food, and attractions that

make the United States one of the world's top travel destinations. Whether you're attending a single match or following your team across multiple host cities, thoughtful planning can help you make the most of your journey.

From world-class stadiums and iconic landmarks to scenic road trips and local experiences, every host city has something unique to offer. Use this guide to organize your itinerary, compare destinations, and discover memorable places beyond the tournament.

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## **Frequently Asked Questions**

### **Which U.S. cities are hosting the FIFA World Cup 2026?**

The United States is hosting matches in Atlanta, Boston, Dallas, Houston, Kansas City, Los Angeles, Miami, New York/New Jersey, Philadelphia, the San Francisco Bay Area, and Seattle.

### **Which stadium will host the FIFA World Cup 2026 Final?**

The FIFA World Cup 2026 Final will be played at **MetLife Stadium** in East Rutherford, New Jersey, which serves the New York metropolitan area.

### **How many matches are being played in the United States?**

The United States is hosting **78 matches**, including group-stage games, knockout rounds, semifinals, and the final.

### **What is the best way to travel between FIFA host cities?**

Domestic flights are the fastest option for long-distance travel. Amtrak trains work well in the Northeast, while rental cars are ideal for regional road trips.

### **How much should I budget for a FIFA World Cup trip to the United States?**

Your budget depends on the number of cities you visit, accommodation type, and travel style. Booking hotels and flights early can significantly reduce overall costs.

### **Which FIFA host city is best for first-time visitors?**

Many first-time visitors choose New York/New Jersey, Los Angeles, Miami, or Seattle because they combine FIFA matches with famous attractions, excellent transportation, and a wide range of accommodation options.

### **Do I need to rent a car during the FIFA World Cup?**

Not necessarily. Major host cities have reliable public transportation and ride-sharing services. A rental car is most useful if you plan to take road trips or visit attractions outside city centers.

### **Can I visit national parks during the tournament?**

Yes. Many travelers combine FIFA matches with visits to national parks such as Yosemite, Grand Canyon, Olympic, Mount Rainier, and Rocky Mountain National Park.

### **What should I pack for the FIFA World Cup?**

Bring comfortable walking shoes, lightweight clothing, sunscreen, a reusable water bottle, travel documents, a portable charger, and weather-appropriate gear for the cities you plan to visit.

### **Where can I buy official FIFA World Cup tickets?**

Official match tickets should always be purchased through FIFA's official ticketing platform or authorized sales channels to ensure authenticity.